

5th Grade Parents

March 22, 2018

Dear Parents/Guardians:

In accordance with New Jersey State Law, students in the fifth grade are being offered a free screening to detect possible spinal problems. In the past, spinal variations have been detected in about four percent of the adolescent population and two percent have required active treatment or continued observation. The purpose of this program is to recognize spinal problems at their earliest stages so that the need for treatment can be determined.

Screenings will be done by the school nurse, Ms. Rich, for the girls and the Phys. Ed. teacher, Mr. Benz, for the boys, both who have been given special training.

The procedure for screening is a simple one; a trained examiner inspects the child's spine as she/he stands and bends forward. If further consultation is recommended, parents/guardians of students who have signs of possible spinal abnormality will be notified. They will be advised to see their physician for further evaluation.

The day of the screening will be during phys. Ed. Class, Mrs. Blau's class on April 4, 2018 and Mrs. Duffy's class on April 5, 2018. Girls must wear either a sports bra or a bathing suit top under shirt or a Danskin. Boys, separated from girls, will take off their shirts for the screening.

If you have not initialed the scoliosis permission on the emergency form handed in this school year or did not hand in the emergency form, your child will be excluded from the scoliosis screening. If you initialed permission and now do not want your child to be included in the screening please send in a written note to school nurse by Tuesday March 27, 2018.

Joyce Rich BSN, RN, NJ-CSN