

West Milford Middle School
November/December 2017
Lunch Menu – Week of 12/01



Monday 11/27

Chicken Nuggets with a Dinner Roll
Sausage, Egg, and Cheese on a Bagel

Tuesday 11/28

Chicken Patty with Bacon, Lettuce, and Tomato on a Bun
Meatball Parmesan Hero

Wednesday 11/29

Wild Wing Wednesday – Assorted Chicken Wings with a Roll
Pizza Crunchers with Marinara Sauce

Thursday 11/30

Chicken Parmesan with Pasta
All-Beef Hot Dog on a Bun

Friday 12/01

Buffalo Chicken Twister Wrap
Baked Mozzarella Sticks with Marinara Sauce

Available Daily:


 **Look for Healthier Choices**

Each complete lunch includes: Choice of Entrée with Protein/Grain, a trip to **The Farm Stand**, and Choice of Milk

Deli Central

Made-to-Order or Assorted
Grab-and-Go Sandwiches

FRESH FARMISTAND

Assorted Grab-and-Go Salads 
offered with a Roll

AMERICAN GRILLE

Chicken Patty on a Bun
Burgers on Buns
Cheesesteak Hero
Assorted Pizzas

SNACK SHACK

Featuring an assortment of popular and healthier snack and beverage options



Selections on The Farm Stand are included with Lunch. Choose ½ cup of fruit and 1 cup of vegetable from a variety of options daily.



At least 50% of All Grains served w/ your meal are Whole Grain Rich

"This institution is an equal opportunity provider."

Your comments are important to us. Please email us at comments@pomptonian.com

West Milford Middle School
December 2017
Lunch Menu – Week of 12/08



Monday 12/04

Chicken Patty with Bacon, Lettuce, and Tomato on a Bun
Baked Pizza Crunchers with Marinara Sauce

Tuesday 12/05

Chicken Nuggets with a Dinner Roll
Cheese Quesadilla with Salsa


Wednesday 12/06

Wild Wing Wednesday – Assorted Chicken Wings with a Roll
Meatball Parmesan Hero

Thursday 12/07

Italian-Style Hot Dog with Peppers, Onions, and Potatoes on a Sub Roll
Chicken Parmesan with Pasta

Friday 12/08

French Toast with Sausage
Grilled Chicken with Lettuce and Tomato on a Bun 

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Deli Central

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Grab-and-Go Sandwiches

FRESH FARMISTAND

Assorted Grab-and-Go Salads 
offered with a Roll

AMERICAN GRILLE

Chicken Patty on a Bun
Burgers on Buns
Cheesesteak Hero
Assorted Pizzas

SNACK SHACK

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West Milford Middle School

December 2017

Lunch Menu – Week of 12/15



Monday 12/11

Herb-Roasted Chicken with Mashed Potatoes and a Dinner Roll 
Baked Macaroni and Cheese with a Dinner Roll

Tuesday 12/12

Omelet Bar – Made-to-Order Omelets served with a Roll
Chicken Fajita Wrap 

Wednesday 12/13

Pasta with Meatballs and Sliced French Bread
Chicken Griller with Lettuce and Tomato on a Bun

Thursday 12/14

Pizza Crunchers with Marinara Sauce
Chicken Tenders with a Dinner Roll

Friday 12/15

Chicken Quesadilla with Salsa
Breaded Fish Filet on a Bun with Lettuce, Tomato, and Tartar Sauce

Available Daily:


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*Deli
Central*

Made-to-Order or Assorted
Grab-and-Go Sandwiches

**FRESH
FARMISTAND**

Assorted Grab-and-Go Salads 
offered with a Roll

**AMERICAN
GRILLE**

Chicken Patty on a Bun
Burgers on Buns
Cheesesteak Hero
Assorted Pizzas

**SNACK
SHACK**

Featuring an assortment of popular and
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West Milford Middle School
December 2017
Lunch Menu – Week of 12/22



Monday 12/18

Popcorn Chicken with a Dinner Roll
Bacon Cheeseburger with Lettuce and Tomato on a Bun


Tuesday 12/19

Cheese Quesadilla with Salsa
Chicken Parmesan with Pasta


Wednesday 12/20

Nachos Grande with Seasoned Taco Meat, Brown Rice, and Tortilla Chips
Cool Ranch Chicken Twister – Chicken with Jack Cheese, Lettuce and Ranch Dressing in a Wrap

Thursday 12/21

Meatball Parmesan Hero
Grilled Chicken, Lettuce, and Tomato on a Bun 

Friday 12/22

French Toast with Sausage
Chicken Nuggets with a Dinner Roll 

Available Daily:


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Deli Central

Made-to-Order or Assorted Grab-and-Go Sandwiches

FRESH FARMISTAND

Assorted Grab-and-Go Salads  offered with a Roll

AMERICAN GRILLE

Chicken Patty on a Bun
Burgers on Buns
Cheesesteak Hero
Assorted Pizzas

SNACK SHACK

Featuring an assortment of popular and healthier snack and beverage options



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