

OCTOBER WEST MILFORD 2017 TOWNSHIP Elementary School Breakfast



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Egg & Cheese Sandwich Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk 9 COLUMBUS DAY SCHOOL CLOSED	3 French Toast Sticks with Syrup Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk 10 French Toast Sticks with Syrup & Bacon Fresh or Cupped Fruit/ 100% Pure Fruit Juice*	Sausage & Egg Sandwich Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk 11 Waffles with Syrup Sausage Links Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	5 Breakfast Wrap with Egg & Cheese Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk 12 Sausage & Egg Sandwich on a Bun Fresh or Cupped Fruit/ 100% Pure Fruit Juice*	Pancakes with Syrup Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk 13 Pancakes with Syrup Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk
Sausage & Egg Sandwich Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	Choice of Milk 17 Ham & Egg on a Bun Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	18 Waffles with Syrup Sausage Links Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	Choice of Milk 19 Egg & Cheese Sandwich Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	20 Pancakes with Syrup Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk
Egg & Cheese Sandwich Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	24 Ham & Egg Sandwich Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk World Series Begins	25 French Toast Sticks with Syrup Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	26 Breakfast Wrap with Egg & Cheese Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	27 Egg & Cheese on a Bun Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk
30 Sausage & Egg Sandwich Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	Halloween 31 French Toast Sticks with Syrup Fresh or Cupped Fruit/ 100% Pure Fruit Juice* Choice of Milk	IRSH FRASI AS Fresh As Fresh Gets	Jersey Fresh FRUIT OF THE HONTH Cranberries	

Alternate Breakfast Available Daily:

Bowl of Cereal with a Slice of Bread with Jelly, Fresh or Cupped Fruit/100% Pure Fruit Juice* & Choice of Milk



*2 - 1/2 cup servings of Fresh and/or Cupped Fruit or 1/2 cup 100% Juice and 1/2 cup Fresh or Cupped Fruit



Choice of Milk offered with Breakfast: 1% Low-Fat, Non-Fat Chocolate, Skim





At least 50% of All Grains served w/ your meal are Whole Grain Rich

